

A Photographer's Point Of View: Love Has Taken Its Toll



It was suggested that the content of this month's submissions to Align Body & Soul be related to love, since Valentine's Day is right around the corner. I can't remember the last time I wrote something about love, so I had to think on this for a while. I find it interesting that the creative process often leads to manifesting signs and messages from seemingly random sources once you set your mind to an idea. As I started to put some thoughts together, I came across a meme in my Facebook feed that contained a quote attributed to the Book of Prosperity. It was just what I needed to get started on this article.

"Cause in the end, all we want is to do things we like with people we love."

Since I'm not currently in love with someone and my memories of past loves are fading, this quote made me think of a recent road trip and how much I love taking people to places they can fall in love with.

Since taking time to ponder is another part of the creative process, I decided to do some pondering while running some errands today. My friends know that I listen to episodes of [my](#)

[radio show, 3rd Groove](#), while I'm driving around because I know I'll always hear good music without commercials, and it helps me improve my radio voice when I listen to myself speak. The episode that happened to be in the queue was a Valentine's Day special in which all of the songs have the word "love" in their titles. How serendipitous. The title that stuck with me the most was Foreigner's "Love has Taken Its Toll." I immediately thought it would be a great title for this article, even though it doesn't have much to do with the words I'm writing. I'm really good at coming up with titles based on things I hear people say or sing.

Anyway ... Back to the subject at hand. I feel it's appropriate to share a quote from [Wayne Dyer](#) about photography from one of his books. I sent Dr. Dyer a photo collage a long time ago and got the chance to briefly meet him after one of his lectures. I told him that I sent the collage, and he immediately said without hesitation, "It's beautiful! I have it in my sacred space and look at it every day." I was rendered speechless, especially knowing he had said this about photography ...

"Photography is a form of energy reproduction, and every photograph contains energy. See for yourself by strategically placing photographs taken in moments of happiness, love and receptivity to spiritual help around your living quarters, in your workplace, in your automobile and even on your clothing or in a pocket or wallet. Arrange [photographs of nature](#), animals, and expressions of joy and love in your environment, and let their energy radiate into your heart and provide you with their higher frequency."

I will take his quote further by saying that if you spend time in beautiful places that you love, those places will fill you with their higher energy. Looking at photos, sharing them with other people and seeing their reactions will bring you to a higher frequency as well. Bringing people to these locations, especially those you love and care about will also allow this energy to radiate into your heart.

The photo that accompanies this article was taken on the road trip I mentioned earlier, which was my photography group's annual visit to [Eleven Mile Canyon](#). It's one of the places I love to visit, especially in the winter, and I love creating memorable experiences for people to enjoy through their photography. It felt good to read the comments as members of my group shared their photos online. One person was so impressed with this location that he went back the very next day.

So when you're in a place you love, especially with someone you love, take photos so you can feel that energy again when you view them later or share them with others.

And by the way, if you want to listen to the "Love" episode of 3rd Groove so you can be inspired, it's available on Mixcloud at <https://www.mixcloud.com/3rdGroove/3rd-groove-love/>.